



## Managing my money and finances

'Managing my money and finances' is a 3 week programme, which starts with a one-day workshop.

Every week you'll learn how to plan and budget, gaining a stronger understanding and greater confidence in calculating, saving and spending.

You'll also work together with members of the group and your lecturer to tackle numbers-based activities, and see how to make these work in your everyday life.



Our sessions are fun and useful



We'll work together to boost your skills and confidence



Gain skills you can use everyday to live well for less







Designed to boost your confidence in the use of numbers across everyday life and work, this programme will increase your ability to:

- understand how to use numeracy to manage your money better
- have confidence managing your money day-to-day and month-to-month
- live healthier and happier for less
- help your children with homework
- understand bills, spreadsheets and more



and

healthy snacks

Supporting
North of Tyne
Combined Authority's
'Multiply'
programme

To find out more, email rachael.langlands@northumberland.gov.uk or call 07592 270 209







